



# Cup Me

WEEK 2

# *Grace Overflowing!*

**Here is a trustworthy saying that deserves full acceptance:  
Christ Jesus came into the world to save sinners—of whom I am  
the worst. 1 Timothy 1:15**


Paul writes much of the Old Testament, including one of my favorite verses in 1 Timothy 1:15 expressing that he is a sinner. And not just a sinner, the worst sinner. I too am a sinner and trust that “Christ Jesus came into the world to save sinners” including me, the worst sinner. I believe this with all my heart. I have fully accepted this truth and want to emulate Paul by humbly acknowledging my sins while expressing my gratitude for the grace the Lord pours out so abundantly. His grace is transformative and those who trust Jesus as Savior have a testimony that can share to encourage others, just as Paul encouraged Timothy, the early church, and us today.

Have you ever wondered if God’s grace is enough? Enough to cover all your sins, past, present, future? Often I have wondered (and worried) but Paul’s testimony alleviates my burden and helps me to focus on what is true. Jesus paid our sin debt completely! Romans 5:20 assures us, “...where sin increased, grace increased all the more.” Remembering those words, I find myself singing, “grace, grace, God’s grace. Grace that will pardon and cleanse within; Grace, grace, God's grace, Grace that is greater than all our sin!”

As we consider Paul’s testimony, I pray we are encouraged to express the same gratitude for the saving grace and love of Jesus. Spend time reading all of 1 Timothy 1 this week and insert yourself into the narrative as you prayerfully accept the challenge that Paul gives to Timothy in verse 18: “fight the battle well.”

If you find yourself weary and depleted, prayerfully spend time in God’s Word, and ask Him to fill you with His strength.

*blessings, jodie b*

A soft-focus background image of a cafe setting. In the foreground, two hands are visible, one holding a white ceramic coffee cup and the other holding a clear glass filled with coffee. In the background, another white coffee cup sits on a saucer, and a person's arm is visible. The overall atmosphere is warm and inviting.

and the grace of our Lord  
*overflowed*  
for me with the faith  
and love that are in  
Christ Jesus.

1 TIMOTHY 1:14 ESV

# Writing practice

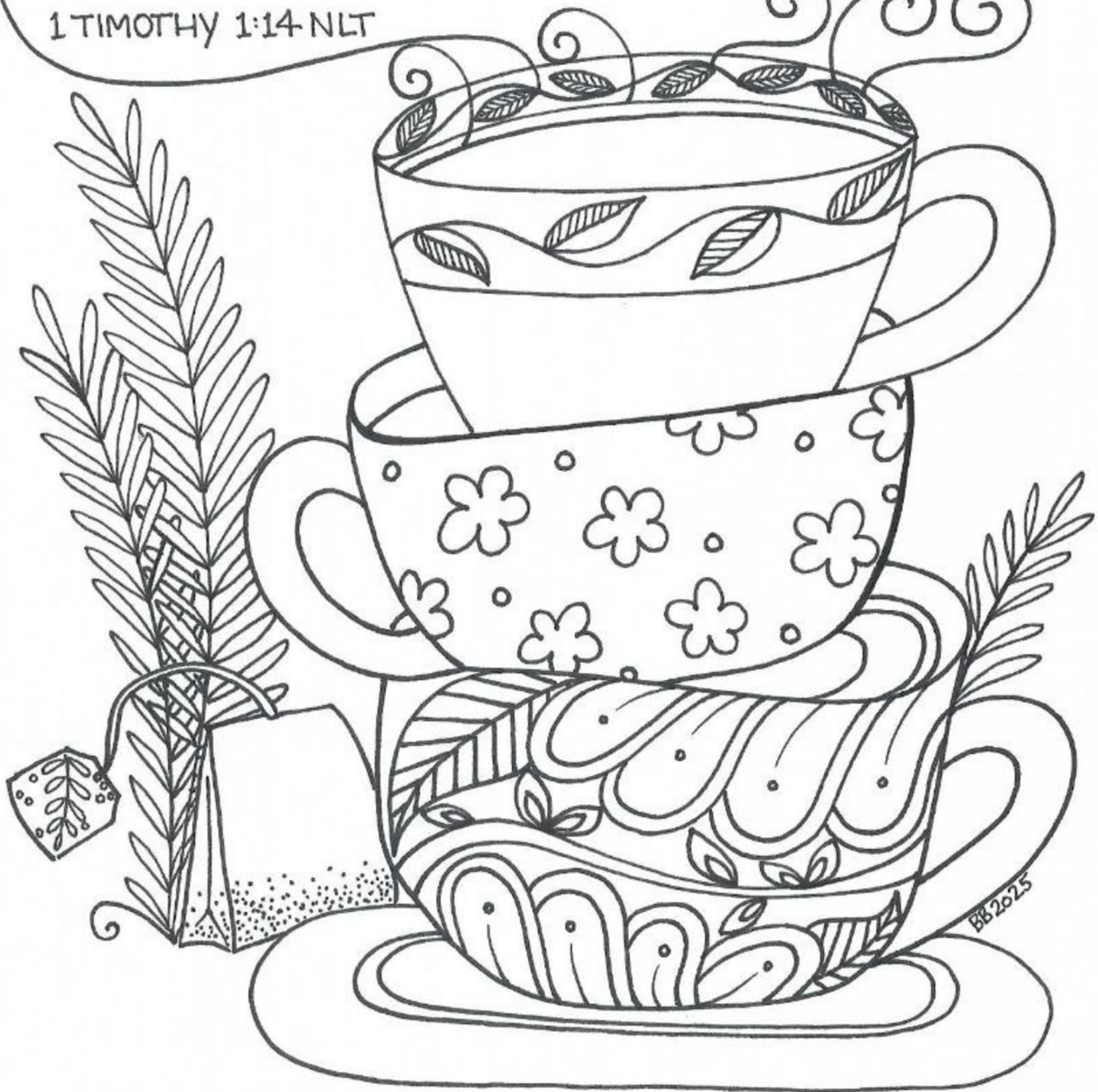
Handwriting practice lines consisting of 15 sets of horizontal lines. Each set includes a solid top line, a dashed midline, and a solid bottom line.

Choose your favorite translation & write it out!



Oh, how generous & gracious  
our Lord was! He filled me with  
the faith and love that comes  
from Christ Jesus.

1 TIMOTHY 1:14 NLT



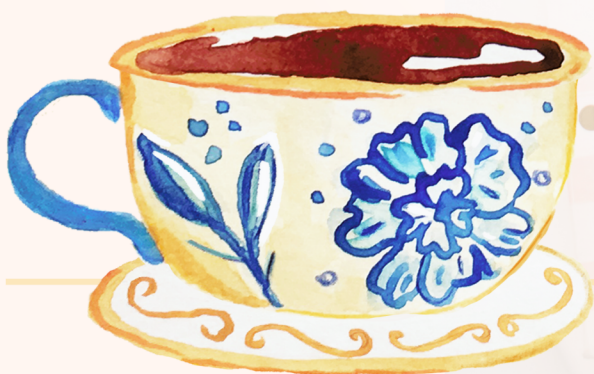
BB 2025

## WEEK 2

# The Lord's Grace to Paul

<sup>12</sup> I thank Christ Jesus our Lord, who has given me strength, that he considered me trustworthy, appointing me to his service. <sup>13</sup> Even though I was once a blasphemer and a persecutor and a violent man, I was shown mercy because I acted in ignorance and unbelief. <sup>14</sup> The grace of our Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus.

1 Timothy 1:12-14



**Oh, how generous**

**and gracious our Lord was!**

**He filled me with faith**

**and love**

**that comes from Christ Jesus.**

**1 Timothy 1:14**

**Slowly journal your thoughts about each section of the scripture.**



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